

A Word from a Member of our Maywood Site

Oh The Traveling!

By Barbara R.

My husband and I always loved to travel and were lucky enough to do a lot of it in conjunction with work, as well as when on vacation, while in the corporate world which we left about twenty years ago. We then started a small executive search company, and had no one to report to, though of course we had to satisfy our clients. Because we didn't work for "the man," our time was our own within the confines of the requirements of our business. This gave us the opportunity to travel, and while we were never completely free while doing so, we had the flexibility to come and go as we pleased.

I can't even begin to tell you about all of the wonderful trips, but a few are at the top of my list: a three week trip to New Zealand and eastern Australia, moving from place to place - Auckland, North and South Islands of New Zealand, Melbourne, Sydney, Great Barrier Reef - we stayed in perhaps a dozen different hotels, and made a like number of flights; a trip to South Africa which included a safari - we were actually charged by a rogue elephant and lived to tell about it, and a wonderful road trip in which we flew to Phoenix to visit relatives, rented a car and drove to Seattle to visit daughter, son-in-law and grandkids, stopping at a host of national parks on the way. And these are only the tip of the iceberg.

We can't wait for the virus to have run its course, and for us to be on the road again. I am determined to overcome whatever barriers the stroke has created and not let that get in the way of what I love to do in life.



Barbara R.

A Word from a Member of our West Orange Site

Why Should People Come to Adler?

By Anithia C.

You should come cause we are all in the same boat.

They made you feel welcome.

I miss sitting at the center. And my friends, I took the bus home with them.

I used to laugh whenever Edwin and Valerie cut-up – they made me laugh.

Edwin had a great laugh.

I laughed whenever they talk about somebody.

I used to laugh when Edwin was so fearless because he took the bus everywhere.

I used to laugh at Valerie – she did not take anything from anyone!!

We would talk on the bus.

We would talk with the bus driver about things: Music, favorite shows, “Take your time. And nobody will judge you.”

Missing these things now - because of Covid.

We will have to see in the spring what will change.

I am hopeful that things will get better.



Anithia C.

A Word from a Member of our Toms River Site

My Career

By Bill T.

I started February 09, 1970 for a two week-position as a warehouses "person". Stocking pails and cans. A temporary job. The company, Champion Container decided to keep me on. It is an industrial packaging business. Supplying containers, such as 55 gallon drums, buckets, cans, spray bottles, etc. Many going to hazardous Chemical businesses.

Five years of loading tracker trailers, I got my CDL license to drive those tractor trailers, many times into the streets of New York City.

Eventually I took on the job of Customer Service Manager and Purchasing. This gave me 20 years with the company. Being well rounded in the industry....It took me into Sales " for the next 30 years "...a very rewarding accomplishment for someone with no college background.

Retirement came in February 2020. FIFTY YEARS LATER.....my having aphasia now, keeps me grateful for Adler Aphasia Center, and the staff helping me to continue to use my voice as best as I can.

Looking forward to In Person Classes, my best to all.



Bill T.

Programs offered throughout the state of New Jersey:

- **Maywood Campus:** kcastka@adleraphasiacenter.org
- **West Orange Campus:** sglacer@adleraphasiacenter.org
- **Toms River Campus:** brein@adleraphasiacenter.org
- **Aphasia Communication Groups- ACGs (11 sites in NJ):** gszabo@adleraphasiacenter.org

A Word from a Member of our Aphasia Communication Group (ACG): Toms River Site

Full of Smiles

By Stacey M.

I really enjoy being a volunteer. In 2008, I had a massive and severe stroke which left me with aphasia. I was a Legal Secretary/Paralegal before my stroke. Now, it's difficult for me to read. Since my stroke, I have the time and the desire to help others recovering from a stroke.

Since 2016, I volunteer at Encompass Health Rehabilitation Hospital with people recovering from a stroke. I was trained to volunteer with patients in recovery and their families. I attended 3 classes. I visit and talk with them. Often, I am the first person they meet who also had a stroke. It is so nice to meet with someone with a similar problem and to let people know that they can get better every day. It's a long recovery but never give up! So many people can't believe that I have aphasia. I let them know aphasia isn't seen. Aphasia is in your brain. Aphasia is in us 24/7.

Volunteering gives me HOPE! It's nice to have a new life. There is so much to look forward to. Most of the time when I'm volunteering and visiting patients, I get to see them smile. That makes me happy! Today, my life is full of smiles.



Stacey M.

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Adler Aphasias Center, a non-profit organization with three full service facilities based in Maywood, West Orange, and Toms River, NJ and eleven Aphasia Communication Groups located throughout the state, is an innovative post-rehabilitative therapeutic program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading and writing. It occurs most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. For more information about our programs and services in Maywood, West Orange, or Toms River, NJ, or for information about our Aphasia Communication Groups in Belvidere, Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Morristown, North Bergen, Scotch Plains and Toms River, NJ, visit our website at www.adleraphasiacenter.org or call 201.368.8585