
We are so excited to share with you our latest newsletter written by our members with support from our volunteers at The Adler Aphasia Center in Maywood, NJ.

It's Football Season!

By Bob M.

I love football! At Adler we have fantasy football groups.

We pick a quarterback, running back, tight end, wide receiver, flex player and defensive team. We do a draft each week where we pick a number out of a hat and that's the order we go from. I chose number 3 meaning I had the 3rd overall pick. There are 2 groups that play here, the Tuesday group and the Wednesday group. The goal is to score as many points as possible. There is a scoring system in place. I always enjoy playing fantasy football. It's fun and I like competing with others in my group. The winner receives a signed football from Harry Carson who supports our Center.



Bob M.

I am especially interested in how the current 2018 draft picks will do. I am a New York Giants fan. I am excited about Saquon Barkley who is a new running back for The Giants. He went number 2 in this draft. The overall first pick was Baker Mayfield. He went to Cleveland, so I guess they are expecting big things from him.

Odell Beckham, Jr. from the Giants just signed a contract for a whopping 90 million dollars. A lot of people are saying he is not worth the money, although I have seen him make some acrobatic catches. I am especially interested in seeing how Barkley does. By signing Barkley the Giants are hoping to go and lengthen the career of Eli Manning.

I hope the Giants win but realistically I think the two strongest teams are the Patriots and New Orleans Saints. I think their quarterback Drew Brees is hungry for a Super Bowl win. I think the Jets and Giants will improve from last year. The championship is not in the cards this year for them.

The teams to watch are the New England Patriots, Pittsburgh Steelers, Philadelphia Eagles, Minnesota Vikings and the Green Bay Packers. All these teams will be in the playoffs. My prediction for the Super Bowl is New Orleans Saint and New England Patriots.

Here's to hoping we have a great fantasy football season. Even though I am a Giants fan I am hoping that my predictions are right. Let the best fantasy football team win!

I Love to Garden!

By Deborah K.

I have an enclosed 15ft x 15ft vegetable garden behind the garage. It keeps the deer out. They are horrid. They eat everything in sight and I can't control them. I grow tomatoes, cucumbers, jalapeños and holy moles. Sometimes I grow zucchini. This summer was a disaster for the tomatoes. I grew seven tomatoes and only four survived. It rained so much that they were weak and spindly. I will try again next year.

I have lots of beautiful flowers that are "deer" resistant. I grow peonies, blue salvias, purple and white coneflowers, clematis, astillbe and pink agastache. They are lovely when they are in bloom. I enjoy them when I am outside doing gardening work or reading a book in my lounge chair. The flowers are spectacular! Here are a couple of photos of my agastache, salvia and coneflowers.



Deborah K.

The Year was 1968

By Ken A.

I remember the March on Washington.
There were many people marching.
Martin Luther King said his speech "I Have A Dream".
It was very good.
Then he was killed.
It was a shock.
I was very young and worried.
Later, Robert Kennedy was shot.
It was a tough year.

1968 facts:

- First Big Mac was sold.
- Top song: "Hey Jude" by The Beatles.
- First heart transplant took place.



Ken A.

Outrageous for Aphasia

By Denise P.

Outrageous for Aphasia is a club that members started for day trips outside of the Center programs. We have gone to wineries, museums, restaurants and more. I organized the day trips, but I am moving to Florida. I am asking some members to keep the club going. The plan is to use Groupon. They have day trips and people can pick trips and pay for them. Stacey, Crystal and Becky will organize the dates with me.

I have planned on our December Holiday party for December 11, 2018 at the Maywood Inn and I will be there. So, log on to groupon.com and email me (dpdimples@gmail.com) about trips you want to go. I am leaving, but I will stay close.



Denise P.

Aphasia Communication Groups (ACGs) There are ten ACGs throughout New Jersey!

For more information please contact
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If you would like to receive our
newsletter please submit your email
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