

Favorite Holiday Foods By West Orange Members



Monday/Wednesday West Orange Members

Pictured left to right

Front Squatting: Josh H., Elizabeth H.(SLP), Daisy (Student)

Back: Arianna G.(Volunteer), Gloria P., Ed H., Marvin T., Gale J., Sharon G.(SLP), Mimi D., Brett M., George G., Brenda M., Wayne P., Abe B.

Monday/Wednesday Group Favorite Foods:

Abe: Turkey Stuffing

Mimi: Gravy

George: Snack Stuff: mixture of pretzels, cashews, Cheerios, Chex cereal and Cheez-Its baked with butter for 40 minutes!

Chris: Pumpkin/Pecan Pie

Josh: Cornbread

Ed: Mashed Potatoes, Ham, Turkey

Betty: Potato Salad

Brenda: Mac N Cheese

Vinnie: Pasta

Marvin T: Cajun Cornbread Stuffing



Tuesday/Thursday West Orange Members

Pictured left to right

Front: Murry B., Frank B., Sharon G.(SLP), Orlando D., Jackie K., Susan E., Daisy (Student)

Back: Bob B., Adam E., John C., Simon R., Steve N., Marvin S., Elizabeth H (SLP)

Tuesday/Thursday Group Favorite Foods:

Adam: Stuffing

Paul: Stuffing

Orlando: Mashed Potatoes

Jackie: Carrot Soufflé

John: Stuffing

Simon: Rosenbach Chocolate Cake (Family Recipe)

Steve: Dark Meat (ie: Turkey) and Stuffing, Green Beans

Sue: Anything as long as the kids are home.

Bob: Stuffing

Murray: Matzah

Anithia: Macaroni and Cheese

Frank: Stuffing

Marvin: Potato Pancakes

Our Favorite Holiday Songs & Movies By Maywood ACG Members



Maywood ACG Members

Pictured left to right

Seated: Karen A., Dorothy D.

Standing: Sarah T., Ty B., Susan P., Jim Z.

Members of the Maywood ACG enjoyed talking about their favorite holiday songs and movies. Their favorites are listed below. Did your favorite holiday song or movie make the Maywood ACG's list?

Our Favorite Holiday Movies

A Christmas Carol

-Susan

Muppet Christmas Carol

-Ty

A Christmas Story

-Dorothy

Miracle on 34th Street

-Karen

Elf

-Tracy

The Bishop's Wife

-Sarah

Home Alone

-Jim

Our Favorite Holiday Music



Have Yourself a Merry Little Christmas

Tracy, Karen Susan & Dorothy



The Christmas Song by Nat King Cole

Sarah & Ty



Silent Night

Jim

Vision Boards By Toms River Members



Toms River Full-Service Program Members

Pictured left to right

Back Row: John, Paul, Chuck, Charlie, Craig

Front Row: Pauline, Lucille

We made vision boards for 2024. A vision board is a group of pictures and words that show your goals. It is good for inspiration and motivation.

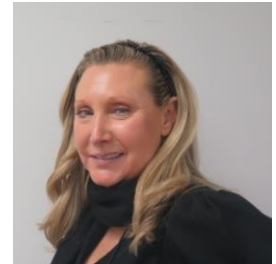
Some of our goals for 2024 are:

- To speak better and louder
- To use technology
- To be more physical
- To do hobbies (art, golf, collections)

Have patience with yourself. It's hard. We can do things to fast and screw up. Take your time. Good luck on your 2024 goals!

Dayna's Holiday Favorites By Dayna M., Maywood Member

I celebrate Hanukkah and I like all the traditional food. Matzo ball soup is my favorite, and I also like brisket, roasted chicken, challah, and latkes. For dessert I like chocolate babka and Hamantashen. My brother Jason will cook and we will have dinner at his house.



Dayna M.



Programs offered throughout the state of New Jersey:

- **Maywood Campus:** kcastka@adleraphasiacenter.org
- **West Orange Campus:** sglaser@adleraphasiacenter.org
- **Toms River Campus:** brein@adleraphasiacenter.org
- **Aphasia Communication Groups (11 sites in NJ):** gzsabo@adleraphasiacenter.org

MEMBER NEWSLETTER DISCLAIMER:

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Adler Aphasias Center, a non-profit organization with three full service facilities based in Maywood, West Orange, and Toms River, NJ and eleven Aphasia Communication Groups located throughout the state, is an innovative post-rehabilitative therapeutic program that addresses the long-term needs of people with aphasia and their families. Aphasia is a communication disorder that impairs the expression and understanding of spoken language, reading and writing. It occurs most often from a stroke or other brain injury. It affects a person's ability to communicate, but not his or her intellect. For more information about our programs and services in Maywood, West Orange, or Toms River, NJ, or for information about our Aphasia Communication Groups in Belvidere, Bridgewater, Haddonfield, Hammonton, Maywood, Monroe, Morristown, North Bergen, Scotch Plains and Toms River, NJ, visit our website at www.adleraphasiacenter.org or call 201.368.8585