

We are so excited to share with you our latest newsletter written by our members with support from our volunteers at The Adler Aphasia Center in Maywood, NJ.

## Arctic Paws Dog Sled

By Alyson B.

We piled into the car and headed towards The Poconos! We went to Arctic Paws Dog Sled Tours. My friends, Sunita D, Avi G. and myself were driving to Manor Resort & Spa. The first thing we did was meet the Huskies. I was able to get up close and personal with the unbelievably friendly Alaskan Huskies. They were so cuddly! Back in the truck with the Huskies, Avi, Sunita, and I had a great start to the day.

A funny thing happened with the color of the Huskies eyes. I don't know whether it was an old wives tale, but supposedly there were Alaskan Huskies who had two different eye colors, blue and brown. The Alaskan Huskies with two different colors of eyes were like this because one of the eyes was nearsighted and the other was farsighted, so that was fascinating.

Who had more fun, the three of us or the Alaskan Huskies? I think it was a tie!



**Alyson B..**

## Writing for Clapping

By Mike H.

When I was in college, MTV was going through a phase where they were showing stand-up comedians called "The ½ Hour Comedy Hour". Needless to say, I was hooked. These guys and girls were hysterical, and really knew their stuff. I started watching stand-up comedy all the time. Bill Maher, Jon Stewart, Denis Leary, Rosie O'Donnell – these were my kind of people.

I've seen a couple of people live over the years, but the specials on Comedy Central, Netflix, and YouTube are better. They play all the time, don't cost any money, and the audience doesn't drown out half the lines. Here are a couple of comedians who I thought are at the top of their game.

John Mulaney's special, "The Comeback Kid", was a good one. A former "Saturday Night Live" writer, he has a witty style while also being quite dry (in a good way). Plus, everybody loves a good Catholic joke.

Patton Oswald is a comic, actor, and writer. He's incredibly nerdy, opinionated and a wonderful performer. In "Talking for Clapping", he talks about everything from Kentucky Fried Chicken (KFC) to fatherhood.



**Mike H.**

## Cory Booker -- Our Future

By George F.

Cory Booker is 48 years old. His parents are Carolyn and Cary Booker. They worked for IBM when I worked there in the 1970's. He went to Northern Valley Regional High School, Stanford University, Oxford University on a Rhodes scholarship and Yale University Law School.

When he was on the municipal council in Newark, he went on a 10 day hunger strike and lived in a tent and a motor home near drug dealing areas in Newark.

The first time he ran for Mayor he lost to Sharpe James who questioned his background. The next time he ran, he won. He was the mayor of Newark from 2006 to 2013. When Frank Lautenberg died, he ran against Steve Lonegan to become the Junior Senator of New Jersey. He was the first black U.S. Senator from New Jersey.

I met him when he visited the Adler Aphasia Center a couple of years ago. He is a leading voice for women's rights and affirmative action.

In my opinion, he may become the second black President eventually.



**George F.**

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## My Wedding Day

By Richard E.

My wedding date was in June. Mikki, my fiancé was from Amsterdam/Netherlands. The Reception was in Mount Vernon. We had close to 100 guests including friends and family. We had about 6 months to make the plans and we had a wonderful time doing it. We decided on a German banquet hall.

There was a lot of group dancing, good food and a wonderful band. We needed to ask the band to stay longer because everyone was having a good time.

I enjoyed writing about this because it brings great memories.



**Richard E.**

## Grease Lightning

By Crystal B.

My favorite movie GREASE, debuted in 1978 and it was the first movie my mother let me attend with only my older siblings. I saw it at the Kenmore movie theatre on Church Avenue in Brooklyn. I was mesmerized and it still delights me.

The story is based on two high school seniors who meet over the summer and reconnect at the beginning of the school year.

I love all the songs in the movie.



Crystal B.

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## Aphasia Communication Groups (ACGs) There are nine ACGs throughout New Jersey!

For more information please contact Gretchen Szabo:

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### MEMBER NEWSLETTER DISCLAIMER:

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